

Arts and Humanities week!



Every once in a while, a week comes along that feels a little different from the rest — and Arts and Humanities Week was exactly that. We kicked things off with a doodling activity that set the perfect tone for the week ahead. Every class took part, filling pages with sketches, patterns, and imaginative drawings that were as unique as the students behind them. It was a simple activity, but it spoke volumes — reminding everyone that creativity lives in all of us, and that sometimes all it takes is a pen and a blank page to let it out.



Labu Sayong: Preserving Our Heritage



There are some things that cannot be learned from a textbook — and the art of making Labu Sayong is one of them. Students had the rare opportunity to learn about one of Malaysia's most treasured traditional crafts, guided by a skilled craftsman who walked them through the process hands-on.

With clay in hand, some followed along carefully while others let their creativity take over and made something entirely their own. It was messy, it was fun, and more than anything, it was a meaningful moment for students to connect with a piece of Malaysian heritage that has been passed down through generations.

The Lumen



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Adding to the excitement of the week were the booths set up right on campus. Students took it upon themselves to get creative beyond the classroom, setting up stalls selling homemade food, trinkets, and little finds that made the whole event feel like a mini bazaar.

The student council members also got in on the fun, running game booths that kept the energy lively and the laughter going. It was a great chance for students to step up, show some initiative, and enjoy each other's company in a way that felt genuinely warm and community-driven.



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ExploRace — a school-wide treasure hunt that had everyone on their feet! Students raced across different corners of the school, cracking clever riddles that led them from one clue to the next, earning a puzzle piece with every riddle solved — until all the pieces came together to reveal the final picture. A brilliant mix of teamwork, critical thinking, and pure fun — proof that learning can absolutely be an adventure!

Then came the closing ceremony to this fun filled week...



The closing ceremony was the perfect send-off for Arts and Humanities Week! Students warmed up with an energetic Zumba session before being treated to a stunning musical performance, a graceful ballet showcase, and a thought-provoking debate — a wonderful celebration of the incredible talent within our school!

But the fun was not over yet.

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To close out the ceremony, the excitement reached its peak with the much-anticipated prize giving! The most profitable stall, the most engaging booth, and the class with the best doodle were all recognised for their outstanding efforts, alongside the triumphant winners of Explorace — a well-deserved end to a week full of hard work, creativity, and school spirit!



Best doodle - Year 5



Best doodle - Year 7



Most profitable stall - Year 10



Most engaging booth -
Student Council



Explorace -
The most spirited team



Explorace -
The winning team



Arts and Humanities Week was more than just an event — it was an experience. Designed to take students beyond the four walls of the classroom. The week was filled with activities that sparked curiosity, encouraged creativity, and brought out talents that don't always get the spotlight during a regular school day. From hands-on challenges to lively performances, every moment was crafted to engage, inspire, and remind our students that learning comes in many wonderful forms.

"Tell me and I forget. Teach me and I remember. Involve me and I learn." — Benjamin Franklin

BY LEONG YEE LAM & LIM JIA YI (Y8)

Raya at Imperial – Jom Raya sama-sama!



The school was came alive as we welcomed parents and students together for a heartwarming Hari Raya celebration! Students wowed the crowd with wonderful performances and singing, filling the hall with the spirit of the season.

But the highlight of the evening? A joyful human train that snaked around the entire hall with everyone — students and parents alike — singing Hari Raya songs together, all smiles and laughter!

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Then, to sweeten the occasion, cookies were distributed to students and parents as a warm festive treat. The celebration was made even more meaningful by a cookie sale held the week prior, which was a resounding success — with all proceeds going to charity, proving that the spirit of Hari Raya is truly about giving and togetherness.

BY SUDHARSHINI ELANGO (Y10)



Selamat Hari Raya from all of us at Imperial!



我的饮食习惯 - My Eating Habits

Have you ever stopped to think about how what you eat affects how you feel, learn, and live? Many of us go through our days without paying much attention to our meals, yet our diet plays a huge role in shaping our energy, focus, and overall wellbeing.

Cindy understands this well. In a letter written in mandarin to her friend, she shares how she approaches each meal of the day with intention and care — proving that healthy eating is not about strict rules, but about balance and moderation.

亲爱的小莉：

你好！你最近过得怎么样？

今天我想和你分享一下我的饮食习惯。我每天都会按时吃三餐，因为我认为规律的饮食对身体健康非常重要。

早餐方面，由于早上精神比较不足，我通常会选择煎蛋和全麦面包，再配一杯牛奶。充足的蛋白质和谷物不仅能够提供一天所需的能量，还能提高学习效率。午餐时，我会吃米饭、蔬菜和水果，以补充上午消耗的体力，同时为下午的学习做好准备。至于晚餐，我会尽量选择清淡、容易消化的食物，例如杂粮饭、鸡胸肉和蔬菜，以减轻肠胃负担。

当然，我偶尔也会吃一些父母口中的“垃圾食品”，比如零食和汽水来解馋。不过，我会适可而止，并且通过运动来保持身体健康。

总的来说，我认为良好的饮食习惯是保持健康生活的关键。只有注意营养均衡，我们才能拥有充沛的精力去学习和生活。

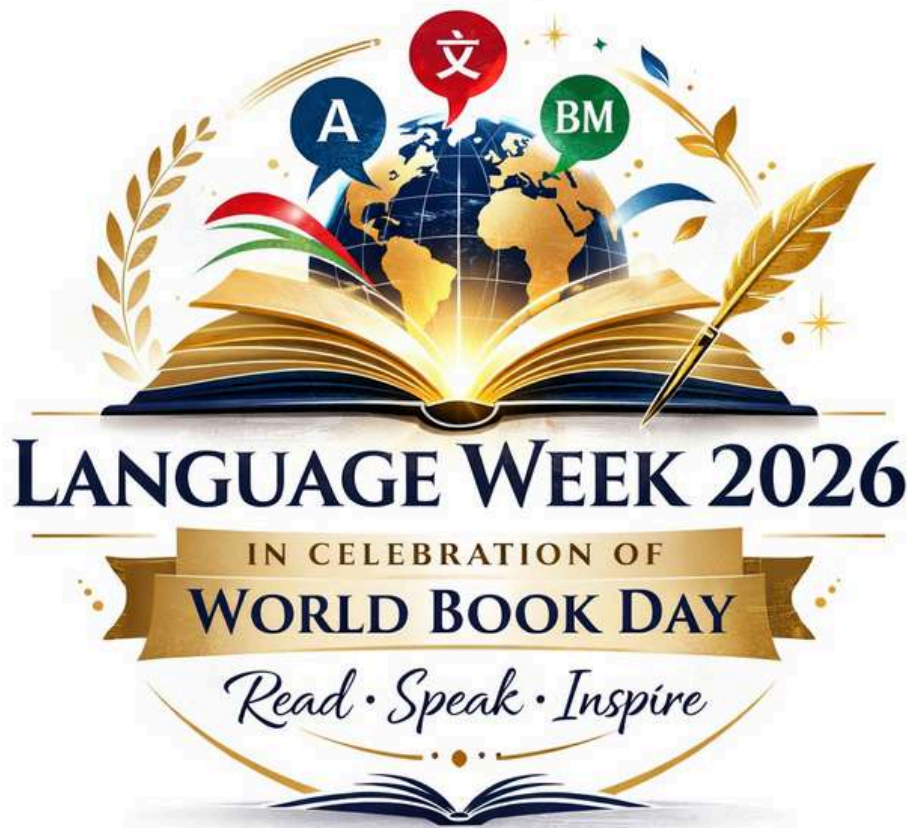
期待你分享你的日常生活。

祝你
身体健康

小仪

Cindy - Year 10

Announcements



We are pleased to announce that our school will be hosting Language Week from Tuesday, 21 April to Thursday, 23 April 2026.

Throughout the week, students will take part in a variety of engaging language-based competitions and activities designed to foster a love for languages and communication.

The week will culminate on Thursday, 23 April 2026 with our World Book Day celebration. Parents and guardians are warmly invited to join us for this special event.

Students (and parents who wish to participate) are encouraged to come dressed as their favourite book characters. Kindly ensure that all costumes remain school-appropriate.

We look forward to celebrating the joy of reading and language together.

Announcements



Global Chinese Recitation Competition

- Participants may use pure melodic music as background music for the recitation.
- The work video must be continuous, shot horizontally, in MP4 format, with a minimum duration of 60 seconds for the Preschool Group and 90 seconds for other groups.
- The video must contain the title of the work + participant's name + competition category. (Chinese)

For any enquiries, please contact:
• weimin.chong@peninsula.edu.my
• mong.szekee@peninsula.edu.my
If you need the video after 1 April, kindly contact the emails above as well.

Scan to register:

<https://forms.gle/FCMTCbSxV7m5ZF116>

Registration Fee RM10
Payment details:
Bank Name: OCBC Bank (Malaysia) Berhad
Account Name: Peninsula Education Sdn. Bhd.
Account No: 701-160335-3

Registration deadline: 1 April 2026
Video submission deadline: 13 April 2026



MMU 2 U @ IPOH

In collaboration with
Imperial International School

18&19 April 2026
Imperial International School
1, Jalan Kladang, Bestari 2, 31460 Ipoh, Perak

Register Here




3rd ANNUAL SPORTS DAY
ONE SPIRIT, FOUR COLOURS

18 Apr 2026 | 7.30am - 1.00pm
Saturday | SMK Methodist ACS Ipoh

SAPPHIRE SHARKS **EMERALD EAGLES** **TOPAZ TIGERS** **RUBY RHINOS**

017 6044968 **enquiry@imperial.edu.my**

For further enquiries, please contact the school office at 05-237 5188.