

### **WEEKLY NEWSLETTER**

24 September 2024 | Excellence in Learning, Leadership for Life

### **NOTICE BOARD**

#### **IGCSE Oct/Nov Series Exams**

The exams will begin on Friday, 4 October 2024. Please note that on exam days:

- Primary students will line up at the school lobby.
- Secondary students are to proceed directly to their classrooms.

Let's all ensure a calm and respectful environment for all exam candidates. Good luck to those sitting for their IGCSE exams!

### HPV Vaccination Booth at Imperial International School

The Malaysia Cancer Association will set up an HPV vaccination booth at Imperial International School for individuals aged 9 to 45.

Date: 30th September (Monday) Time: 10:00 AM – 2:00 PM Location: Sick Bay (Level 3)

The vaccination is open to students, parents, and staff. If interested, please register via the provided link by Thursday, 26 September 2024: https://forms.office.com/r/sf3hPxrMeBaD

For more information, contact Nurse Siti.



# UNITED IN CELEBRATING MERDEKA/MALAYSIA DAY!

On 13 September 2024, our school came together to celebrate the spirit of unity and patriotism in honour of Merdeka and Malaysia Day! The day began with a lively parade around the school, where students waved the Jalur Gemilang with pride and sang stirring patriotic songs.

Adding to the festivity, students dazzled in their traditional attire, creating a colourful and vibrant atmosphere. The event was further enlivened by the excitement of the colouring competition and the best dressed awards!

A big thank you to everyone for contributing to this beautiful celebration of Malaysian pride and togetherness!



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# PARENTING IN THE AGE OF TECHNOLOGY AND ARTIFICIAL INTELLIGENCE

In today's world, parenting looks quite different from what it did just a decade ago. With the rise of smartphones, social media, and now artificial intelligence (AI), technology has become an integral part of our daily lives—and our children's too. As exciting as it can be, the rapid growth of technology presents a new set of challenges for parents. How do we guide our children in this digital age? How do we help them make the most of technology while ensuring they don't lose sight of the real world?

There's no denying that technology plays a major role in how children learn, play, and communicate today. Educational apps and online platforms can open up new opportunities for learning, allowing students to access information and explore topics in ways that were previously unimaginable. Al-powered tools are helping kids to learn languages, solve problems, and even develop coding skills—all from the comfort of home.

However, it's not all about education. Social media and online gaming have become central to the way many children interact with their peers. While these platforms offer opportunities for connection and creativity, they can also present risks like cyberbullying, overuse, and exposure to inappropriate content.

As parents, we must embrace the benefits of technology while staying mindful of its potential downsides. Striking a balance between allowing our children to engage with technology and ensuring they develop real-world skills is the key challenge of modern parenting.

With artificial intelligence becoming more prevalent, we're witnessing a shift in the way our children interact with the world around them. Al-driven assistants, like chatbots and voice-activated devices, are becoming household staples, answering questions and performing tasks with ease. But with these advancements come new concerns. How much should we rely on Al to assist our children? And how do we ensure they don't become too dependent on technology?



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It's important to teach our children that while AI can provide answers, it's still essential to think critically and develop problemsolving skills. AI is a tool, not a replacement for human thought or creativity. Encouraging curiosity, asking questions, and fostering a growth mindset will help our children navigate the ever-evolving digital landscape with confidence.

Setting clear boundaries is essential when it comes to managing technology use at home. It's important to establish limits on screen time that fit your family's routine while ensuring that children have plenty of opportunities for non-digital activities. Encouraging them to spend time outdoors, reading, or simply engaging in family conversations can foster creativity and build social skills.

When it comes to using technology, guide your child towards more active forms of engagement, like creating, exploring, or learning something new. Whether it's coding, digital art, or taking an online course, there are many ways to turn screen time into something enriching.

As parents, our own behaviour plays a big role. Children often model what they see, so practising mindful technology habits yourself—like putting away devices during family meals or making time for tech-free activities—can set a powerful example.

It's also important to stay involved and informed about the platforms your child uses. Keep an open dialogue about online safety, privacy, and responsible use. Understanding how these technologies work and being proactive about any potential risks will make it easier to guide your child through the digital world.

Finally, helping your child develop critical thinking skills will empower them to question and evaluate what they see online. This approach encourages responsible digital engagement, ensuring they can navigate the internet with confidence and discernment.



#### **GEN-Z LANGUAGE: A GUIDE FOR PARENTS**

Keeping up with your child's trends, especially their language, can feel like a full-time job. Gen-Z, born between 1997 and 2012, has crafted a unique vocabulary shaped by their digital world and creativity.

- · Slay Doing something exceptionally well.
- No cap No lie, telling the truth.
- Bet Agreement or approval.
- · Vibe A good mood or atmosphere.
- Lit Fun, exciting, or excellent.
- · Sus Suspicious or sketchy.
- GOAT Greatest of All Time.
- Ghosting Disappearing or ignoring someone.
- Flex Showing off something impressive.
- FOMO Fear of Missing Out.
- · Stan A super fan or dedicated follower.